

Rivercrest Preparatory Online School

The River Current

Field Trip News: The BROAD—Contemporary Art Museum



On Tuesday, March 22nd, 13 Rivercrest students and 3 staff members went on a field trip to the brand new, \$140 million dollar, contemporary art

museum in Los Angeles—The Broad. They traveled by Metrolink to downtown Los Angeles then walked 1.3 miles uphill to The Broad. While there, they interacted with two art works and wrote poems inspired by the pieces.

After the art museum, the group walked around Bunker Hill to the Grand Central Market for lunch. Once their bellies were full, they walked another

mile to Chinatown to experience the cultural diversity that is part of the big city. They explored many shops and markets and also ate some food and bought some goodies.



The final stop of the day was Olvera Street which is the oldest part of Los Angeles. Students and staff shopped and ate some more.

Finally, with tired feet, they walked back to Union Station where they rested for a bit before boarding the train back home.



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Leslie Martinez and Catera McCain perform for the commuters at Los Angeles Union Station!

Two Rivercrest students, Leslie and Catera, were brave enough to stage a public performance at Union Station!

Leslie played the piano and they both sang “Star of Hearts” to the delight and entertainment of the many commuters waiting to board their trains.



Drake Shurkin,
Grade 10

Student of the Month for March

Drake Shurkin was chosen as the Rivercrest Student of the Month for March.

Drake exemplifies many of our school's FORWARD* goals. In particular, Ms. Cortez says, Drake is a responsible student who always gets his work done on time and done well.

Additionally, he is dedicated to his education and puts in the necessary hours to be a

successful Rivercrest student.

Congratulations, Drake, on being chosen as Student of the Month! And thank you for being a good role model for other students!



*FORWARD goals for Rivercrest students are: Fortitude, Organization, Responsibility, Wisdom, Achievement, Responsibility, and Dedication.

Together, we will move FORWARD to learn and lead in the 21st Century.

Rivercrest Art Wall Contest by Victoria Oliveros

In February the school started a monthly art contest for the Art Wall in Rivercrest Lab. The winner of the drawing contest receives a prize and a ribbon.

The winning drawing is also highlighted throughout the following month. February's winner was Jordan Reed for the theme "Happy Thoughts".

For March, the theme is about your vision for the future. What will things be like in 2050?

Check out the website or pick up a flyer if you would like to participate!



The theme for April will be "I can fly."

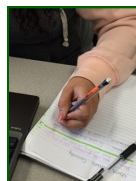
SPRING BREAK! March 29-April 1, 2016

What will you be doing for Spring Break this year? Working on your current course???

When you do take a break from studying, what are your plans? It seems Rivercresters have some ideas. Kimberly Heras and Theresa Schimpf are going to the beach together. Gabriel Velasco is going to TJ.

Guadalupe Nunez is going to hang out and maybe do some school work. Wendy Munoz said she is definitely going to be working on her course!

Whatever you do, have fun and be safe! We want to see you back on Monday, April 4th.



Mental Health Corner by Angelique Park

Mental Health: Anxiety Disorder

Many people in the world have some form of anxiety. Anxiety is the most common form of mental illness. Anxiety is a form of distress that interferes with your ability to lead a normal life. Many people often think that anxiety is basically stress, it's not.

With stress you are still able to move around and function at a normal mental state. Anxiety is a step higher than stress or nervousness. Many with anxiety suffer from anxiety attacks which cause your body to seize up and hyperventilate. It may cause the person to pass out from lack of oxygen.

There are many types of Anxiety Disorders. Some are Panic Disorder, Social anxiety disorder, and many, many more including

certain kinds of phobias.

There are ways to help contain this disorder with medicine and coping skills. If you have anxiety you're not alone.



REAL TALK by Holly Virgin

Real Talk, I've been trying to convince my parents to dye my hair and nothing has worked. Please help???

Trying to convince your parents to let you do most things might be a little hard at first. First things first. You should talk to your parents to see why they do not want you to dye your hair. It could be for a practical reason and you might agree with them. If you still feel the need, do research on how the dye will affect your hair and how to properly take care of it. Doing that will show your parents you know what you are doing and are prepared. Also be responsible, keep your grades up, do your chores and be respectful to your parents. You want to show them that you are mature enough to make a decision that could be permanent. If they still do not give in there are other ways to get a little bit of color and still respect your parents wishes. There are many types of colored hair sprays and hair chalk that wash out! You could also get a wig with the color hair you want or even clip in hair pieces. Whatever you decide to do I hope you find a happy compromise!



SENIORS! Graduation is fast approaching

SAVE THE DATE! Graduation will be Wednesday, May 25th, 2016.

It will be held at the lovely Citrus Heritage Park in Riverside. More information will be given out as we get closer to the actual date.

CAP AND GOWN Info:

Seniors have 2 options—rent or buy. But decide soon and let Mrs. Wigg know before April 8th.

Costs: **To buy a gown**, pay \$18 before April 8th. The black gown comes with a cap and a tassel.

Loaner cap and gowns are available but you must let Mrs. Wigg know ASAP if you want one. Loaner cap and gowns must be returned immediately following the graduation ceremony.





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7 Skills Every College Student Should Learn Before Graduating is a recent article published by *WorldWideLearn.com*. It discusses the skills students need to be successful in college, but even more importantly, to help them find a job after they graduate. What are those 7 skills?

1. Time Management— manage time/be organized without supervision
2. Critical Thinking— Collect and evaluate information to made good decisions.
3. Public Speaking— learn how to present an argument and provide back-up evidence.
4. Research— search for info., evaluate and select content, credit sources.
5. Software Skills—Word, PowerPoint, Excel
6. Business Writing— drafting reports, professional emails, cover letters.
7. Teamwork Skills— working and collaborating in a team environment.

Moving FORWARD to Learn and Lead in the 21st Century

IMPORTANT DATES

Spring Break—March 28 through April 1

Senior voting for song— up through April

Graduation—May 25

Segment end dates: Segment 10 ends April 13

Interested in going to RCC?

Concurrent enrollment deadlines for high school students:

1. May 5th for the summer session
2. July 14 for the fall session

Registration:

1. 2016 Summer—deadline April 20 (for students to receive priority consideration in “order of registration” dates) and last date to apply is June 5.
2. 2016 Fall—deadline June 29 (for students to receive priority consideration in “order of registration” dates) and last date to apply is August 14.

FAFSA!!! Do you need help or information? See Mrs. Chavez