

The child may receive individual therapy, group therapy, family therapy, and/or case management.

The **therapeutic interventions** will directly address the treatment goals developed by the therapist, caregiver and child. Therapeutic techniques will vary according to the needs and goals set.

The majority of services offered by the JUSD Behavioral Health Center are provided at the child's school site. Therapists travel to the school to provide services determined in the child's treatment plan.

Who can I talk to about EPSDT mental health services?

All school sites are able to refer to the JUSD Behavioral Health Center. You can also contact JUSD Behavioral Health Center directly at (951) 416-1572.

What if I don't qualify for EPSDT but would like mental health services?

JUSD Behavioral Health works with the following providers: Alma Family Services, Wylie Center, House of Ruth, and Tessie Cleveland Family Services. We also operate a Student Assistance Program utilizing graduate level social work interns to support students.

Department of Parent Involvement & Community Outreach

Program Director, Jose Campos

Behavioral Health Clinical Supervisor: Crystal Garcia Ruacho, LCSW

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Jurupa Unified School District
Behavioral Health Center
3924 Riverview Dr.
Jurupa Valley, CA 92509
(951) 416-1572



Additional Resources

- Call 2-1-1 referrals for health and social services.
- CARES Line Cal (Medi-Cal beneficiaries seeking Mental Health/Substance Abuse Services):
 - (800) 499-3008
 - 24/7 Mental Health Urgent Care
 - Riverside: (951) 509-2499
 - Palm Springs: (422) 268-7000
- Perris: (951) 349-4195
- Peer Navigation Line: (888) 768-4968

Jurupa Unified School District: Behavioral Health

Medi-Cal Services for Students: EPSDT -

Early and Periodic Screening, Diagnostic and Treatment



Learning Without Limits



The mission statement of the Jurupa Unified School District Behavioral Health Center is to strengthen and empower individuals and families.

This notice is for children and youth (0-21 y/o) with full scope Medi-Cal and their respective caregivers or guardians. Qualifying children and youth enrolled at a JUSD school may have access to school/community based EPSDT mental health services.

What are Early and Periodic Screening, Diagnosis and Treatment (EPSDT) services?

EPSDT services are Medi-Cal funded mental health services which can be obtained in addition to other Medi-Cal services.

You must be under age 21 and have full scope Medi-Cal to get these services.

EPSDT services correct or improve medical problems that your doctor or other health care provider identify, even if the health problem will not go away entirely.

How can I get EPSDT services for my child or, if I am under age 21, for myself?

Ask your doctor or clinic about EPSDT services. You may get these services if you and your doctor, or other health care provider, clinic (such as Child Health and Disability Prevention Program [CHDP]), or

county mental health department agree that you need them. JUSD is able to provide services for qualifying enrolled students.

What are EPSDT Mental Health Services?

EPSDT mental health services are Medi-Cal services that correct or improve mental health problems. These problems may include sadness, nervousness, or anger that makes your life difficult.

Some of the services you can get from the JUSD Behavioral Health Center (contractor for county mental health department) are:

- Individual therapy
- Group therapy
- Family therapy
- Crisis counseling
- Case management

Counseling and therapy services are determined by need, with therapy services commonly provided once a week. Services at JUSD are typically school based, however setting may change based on need and availability.

You and your JUSD mental health provider will meet for a comprehensive psycho-social mental health assessment to determine

medical necessity and eligibility for services. County mental health departments must approve your EPSDT services. You can contact CARES Line Cal (Medi-Cal beneficiaries seeking Mental Health Services): (800) 499-3008

for additional information regarding Riverside County EPSDT mental health services.

Services available through the JUSD Behavioral Health Center

All children (meeting EPSDT qualifications) referred to the JUSD Behavioral Health Center will receive an **assessment** consisting of an interview with the parent and/or guardian and the child. The assessment will determine the level of treatment the child will need.

All children meeting medical necessity will have a **treatment plan** developed by their therapist in collaboration with the child and their parent or guardian. The treatment plan will include specific goals and will work towards alleviating the symptoms which necessitated therapy services.

Various types of interventions may be used in working towards a child's treatment plan. Some services may be collateral; working with the parent, guardian and/or teacher in relation to the interventions used with the child. Collateral services with significant adults in the child's support network help promote success in the child's mental health treatment.

