

# BEHAVIORAL HEALTH

Half of us will meet the criteria for a diagnosable mental health condition at some point in our lives; one quarter by the age of 14. - SAMHSA

## REFERRALS & CASE MANAGEMENT



- Concerning party makes a referral and obtains release.
- Referral is sent to behavioral\_health@jUSD.k12.ca.us.
- Referral is reviewed and assigned to a provider or intern based on need (screener), insurance, and therapist availability.
- All referrals are updated on a case management log. Information recorded includes; date received, date referral was submitted to provider, contacts to client or referring party, date services started, date services ended, etc.

## SCHOOL BASED MENTAL HEALTH

- 2014-2016: Case management with non-profit mental health providers to provide school based services (**limited** by funding in the region and to providers willing to provide school based services)
- April 2016: Behavioral Health Centralized Referrals: 256 Referrals received within 1st calendar year.
- 2016-17: Intern Program Developed: (Home Visitation/ Pilot Program for Behavior Health)
- 2017-18: Added USC, CBU, Loma Linda and went from 1 MSW intern to 19.
- 2018-19: Opened Behavioral Health Center and three more providers (32 MSW interns)
- 2018-19: Added more university partners allowing for larger pool of interns to select from.



## INFANT MENTAL HEALTH

- 2012: Riverside University Health System offers PCIT (Parent Child Interaction Therapy) on two school campuses.
- 2015-16: MSW is hired to lead infant mental health / home visitation supports.
- 2016: Parent Child Plus is launched to serve children 16 mths - 3 years and parent / guardian.
- 2017: FIRST Steps developed and launched to serve infants 0-14 mths.
- 2018: HIPPY (Home Instruction for Parents of Preschool Youngsters) is launched to serve 3 - 5 year old.
- 2018: Mental Health Consultation services expand providing training and support for Head Start / Preschool
- 2019: Grant Funding allows Mental Health Consultation to provide training and support to all teachers / home visitors of children 0-5.

## FUNDING

- 2014-16: Medi-cal eligible students were eligible (funding for fewer than 50 cases)
- 2016-17: Pilot program to use MSWs is funded by two school sites (\$6,000 1 intern)
- Jan. 2017: Kasier Social Emotional Wellness grant is funded for \$90,000 over two years.
- July 2017: 2-year Trauma informed National Pilot by Kaiser Permanent.
- 17-18: Student Assistance Program (SAP) is launched with 19 MSW interns (site funded)
- 18-19: SAP grows 32 MSW interns.
- 18-19: 3-year grants funded; CBITS - \$283,000 and Home Visitation - \$789,000
- 19-20: SAP funding is centralized using only \$60,000 in LCAP and a \$30,000 shared cost from providers.
- 19-20: \$110,000 in additional grant funds to expand services.

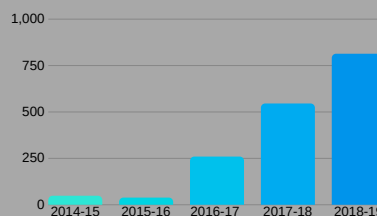
## PARENTAL SEPARATION, DEPRESSION, SELF-HARM, LOSS

Adverse Childhood Experience may be mitigated by providing immediate support. Our interns are able to provide that support through our Students Assistance Program.

## RESULTS

This process has addressed a "pent up need." More county Medi-cal dollars have been assigned to providers for serving the Jurupa area and the number of interns increases to address the increasing demands for service. The key is to provide the services as needed. 2018/19 allowed for three agencies and over 15 full time clinicians to provide services in schools along with 32 MSWs equating to over 1.5 million dollars in service.

Number of Referrals



Number of Students Counseled by Interns

