

PARENT INVOLVEMENT & COMMUNITY OUTREACH

2018-2019 End of the Year Parent Programs



Featured Stories:
Parents as Leaders
(PALs)

Abriendo Puertas

During the 2018-2019 school year, 113 parents attended the 10 week program. The program was offered at 9 school sites with 15 workshops available throughout the school year. This marks the second year this program has been offered to parents of children 0-6. The Abriendo Puertas Program specifically promotes parents leadership and advocacy as well as parenting practices that foster children's early learning and development in a culturally relevant manner. Topics include parenting practices, developmental milestones, social and emotional, health and advocating for your child's well-being.



OVERVIEW:

- Abriendo Puertas
- Family Literacy
- Triple P
- jTEP
- Mis Primeras Letras
- Protecting Our Youth
- Strengthening Families
- Kindergarten Readiness
- Kinder At-Risk Program
- Pathways to Higher Education
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Family Literacy

The Family Literacy program originated in 2014 as a volunteered based program with the Department of Parent Involvement & Community Outreach. It was acquired through the PELI initiative. Parents who attended the PELI program volunteered their time as facilitators of the program at various school sites. This program is now offered by the PALs program. The goal of the Family Literacy Program is to establish and support a family reading routine.

During the 2018-2019 school year, a total of 36 parents attended the 10 week program. Programs were held at Van Buren, Ina Arbuckle and Troth Elementary School.



jTEP

The jTEP courses are designed to implement various levels of computer skills. Parents create an email account, learn how to navigate Parent Connect and Class Dojo to further communicate with their child's teacher. They also learn how to use Microsoft Word, Excel and Publisher. A total of 53 parents attended the workshops offered at Jurupa Middle, Mission Middle, Mission Bell and Rubidoux HS.



Mis Primeras Letras

Mis Primeras Letras supports Parent whose predominant language is Spanish. The program focuses on individual learning abilities. Parents learn to read and write in Spanish. Since inception of July 2018, 3 parents have attended the 42 week program, one day per week. The program is volunteered based.



"Tell me and I forget. Teach me and I remember. Involve me and I learn." -- Benjamin Franklin

Triple P & Triple P Teen

Triple P and Triple P Teen is an evidenced based parent program which offers parents simple and practical strategies to help them manage their children's behavior, prevent problems from developing and build healthy relationships. The Department of Parent Involvement & Community

Outreach has offered Triple P since 2012 and Triple P Teen was recently added to the menu of services. In 2018-2019 the trainings were presented at Glen Avon, Ina Arbuckle, SRC, Mira Loma Middle, Mission Middle and the Parent Center with a total of 65 parents in attendance.



Kindergarten Readiness

The Kindergarten Readiness was launched in 2017 by collaborating with Kindergarten teachers, coaches, the district literacy coach and liaison specialist. This 3 hour workshop for parents and their incoming kinder students who did not attend preschool or TK offers creative educational games to increase success in Kinder. Topics include the importance of reading, a literacy rich environment, literacy skills and educational games to complement each aspect.



Protecting Our Youth

Since the inception of 2014 Protecting Our Youth has provided families of teens with various presentations to educate and raise awareness on current issues and trends. These 2 hour, monthly workshops offered by local agencies answers questions on topics such as human trafficking, drug and bullying awareness, self injury prevention and the misuse of social media. A total of 98 participants attended the 2018-2019 workshops.

Strengthening Families

Strengthening Families is a nationally and internationally recognized parenting and family strengthening program. It is an evidenced based program designed to help children succeed in school and life by strengthening the connection between families and school. This 14 week course began in 2014 at Ina Arbuckle and since then has served at Sunnyslope, Van Buren, Glen Avon and Mission Bell with over 88 families in attendance .



Kinder At-Risk Program

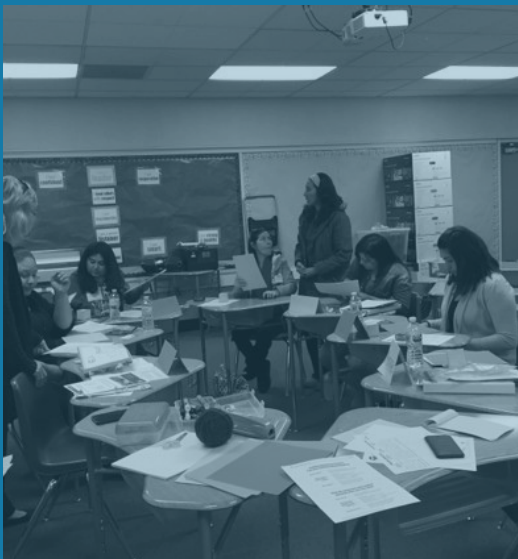
Abriendo Puertas & Educational Support

The Kinder Program for At-Risk students supports the parent and the whole child. It includes the following components:

- Parenting Classes
- Parent Education
- Teacher/Parent Conference
- Summer Support

Abriendo Puertas is an evidence based comprehensive parenting program that is incorporated with

the Kinder At Risk Program. The parent education component is crucial to the Kinder Program. Parents meet with the Intervention Teacher and learn hands on games to help their child meet the target areas. Parent and child meet with a tutor twice a week during the summer months to strengthen the targeted areas.



Pathways to Higher Education

Pathways to Higher Education is a free college informational conferences for students and their parents. Past workshops include speakers from:

- Riverside City College
- Cal State San Bernardino
- University of Riverside
- University of La Verne
- Service Academy
- Redlands University
- Brown University
- University of the Pacific

Topics include

- College Application Assistance
- Financial Aid Literacy
- University application process

These services are in partnership with Congressman Takano, State Senator Roth and Assembly Member Cervantes.

Last year, 120 participants attended the 4 night event. This year Pathways to Higher Education is scheduled for Oct 9, 16 and 23 at the Parent Center.



Cash for College

This one night event for parents and students provides information that students and parents need to complete the Free Application for Federal Student Aid (FAFSA), the CA Dream Act applications, and other financial forms. Foster youth are encouraged to get help with the Chafee Grant application.

These services are in partnership with State Senator Roth, Assembly member Cervantes and the Inland Empire Economic Partnership.



For More Information
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Parents as Leaders PALs

Edilberto Torres

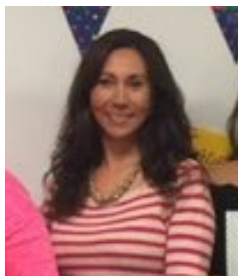
My name is Edilberto Torres and I have 3 children, Kevin who is 16 and attending



Patriot High School, Christopher who is 13 and attending Jurupa Middle, and Isabella who is 4 and is attending preschool at West Riverside. The PALs classes I have facilitated are jTEP level 1 and 2 at numerous school sites. Being a PAL has helped me receive more information for my family and to share that information with the community. It has helped the parents who take the computer classes because if parents, teachers and students work together we will have a community with great future for our children.

Neila Toledo

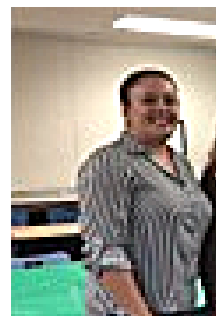
My name is Neila Toledo. I have two children, Maximiliano and Paolo Emiliano Abundez Toledo. Maximiliano graduated at Patriot High School in 2014, then attended UCR and graduated in 2018.



with his bachelor degree in Neuroscience. At this time he is applying for medical school around the country. Paolo, attended Indian Hills Elementary School, Jurupa Middle School and he graduated this year from Patriot High School. This September he will attend Cal State San Bernardino to obtain his bachelor in Computer Engineer. I have been a PAL since 2017. The PALs class I teach is Abriendo Puertas. What I most enjoy about teaching the Abriendo Puertas class is getting together with parents and learning from each other. This classes definitely change my life because I love what I do and I'm really grateful for the opportunity. Being a PAL and teaching the Abriendo Puertas class to parents has made a difference in their lives because they really have made a transformation in their home, doing small but positive changes they are achieving family success.

Maria Cruz

My name is Maria Cruz and I have been a PAL since July 2018. The PAL's class I teach is MIS PRIMERAS LETRAS. What I most enjoy about teaching MIS PRIMERAS LETRAS is to be able to help and guide students to learn how to read and write in their first language, which is Spanish. Being a PAL and teaching MIS PRIMERAS LETRAS to parents make a difference in their



lives because they are opening their minds to a world previously unknown. Now, their self-esteem has improved remarkably because they can perform activities that they could not do before; from reading food nutrition labels to helping with their children's homework or filling out forms with specific information.

It has made a difference in my life because I am fulfilling one of my goals, which is to be involved in my community to help others to improve their world and fulfill their dreams.

Delia Castillo

My name is Delia Castillo. The PALS classes I teach are Family Literacy and jTEP. I enjoy teaching



the Family Literacy class because the parents learn different techniques to develop a reading routine with their children. The participants also share their personal experiences about reading with their families and the changes that are taking place at home with their children. Being a PAL and teaching Family Literacy to parents make a difference because they understand the importance of reading and developing a reading routing. It has made a difference in my life because I like to see how parents are supporting their children to succeed in school.

Maricruz Torres

My name is Maricruz Torres. I have two children in the seventh and tenth grades. I have been a PAL since 2016. In this same year I attended a technology training class with Parent Involvement & Community Outreach. Prior to this, I participated as a volunteer for the different committees within the schools where my children attended. I enjoyed being a member of School Site Council, PTA and ELAC where I learned organization, community service, and leadership. Presently the PAL class I teach is the jTEP. What I enjoy most about teaching this class is when I see parents participating enthusiastically and eager to learn because they are in great need of learning today's technology. Being a PAL and teaching the jTEP to parents makes a difference in their lives because they learn how to communicate through email to their children's teachers and navigate through the District's website where they can use Parent Connect site and see their children's academic achievements. It has made a difference in my life because It has helped me be more conscious of the necessities that my community requires to become more educated and thus become safe and prosperous.

