

# School Readiness 0-3: Home Visitation and Center-Based Parent and Child Interactive Programs

Silvia Ortega - Board of Education Member

Jose Campos - Director of Parent Involvement & Community Outreach

Jennifer Briseno - Family Partner, MSW

Eli Ortiz - Early Learning Specialist

# Agenda

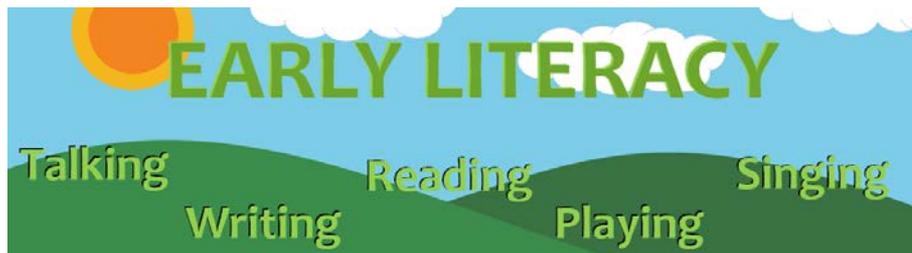
- What was the role of the Board of Education
- Brief Overview of Early Brain Development
- Why Parent Involvement
- Our Programs at JUSD/PICO
- Strengthening Families Framework
- Wrap up

# Board of Education

# LCAP

## Local Control Accountability Plan

1. Language Arts/Development, Mathematics, and Science (NGSS)
2. Chromebooks and Technology Support
3. Early Literacy focus for inclusion, prevention, and intervention
4. College and Career Initiatives
5. Parent, Student, and Community engagement services and programs



# Early Brain Development

# Brain Development



**90%**  
of a child's brain development  
happens before age 5



**1 in 4**  
children ages 0-5  
are at risk for delay

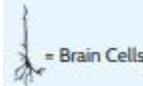
Only   
**28.5%**  
of children receive  
timely developmental  
screenings



Every year,  
**12,000**  
three-year-olds are missing from  
CA's special education system

**Early intervention supports children,  
reduces special education costs in K-12,  
and leads to better outcomes for kids.**

Wiring between  
the cells increases  
the first 2 years  
of life.

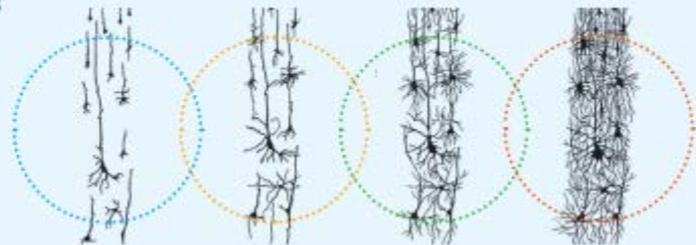


Newborn

1 Month

6 Months

2 Years



of brain development  
happens in the first  
3 years of life



of brain development  
happens by the age of 5

# Brain Development-Developmental Screenings

**Routine screenings** of children's development during a health care visit help guide referrals to the services children need, resulting in cost-effective care and better outcomes for kids



**2 in 5 CA parents** with children under age 6 report having concerns about their child's physical, behavioral, or social development



**1 in 4 CA kids** under age 6 are at moderate- or high-risk for developmental, behavioral, or social delays, but .....



**Fewer than 1 in 3** young children in California receive timely developmental screenings



# Parent Involvement

# Why Parent Involvement



# Key Features of Parent Involvement



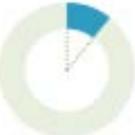
- Parent-Child Interaction programs
- Parent as Teacher
- Acknowledging that parents are the experts of their own children.
- Facilitated by an Early Learning Specialist

# Program Overview

# Home Visitation

 **1 in 7** CA kids are reported for abuse or neglect before age 5

 **62%** of CA babies live in low-income families

 **Only 11%** of CA kids ages 0-3 have received one or more home visits

 **For every DOLLAR invested, home visiting can yield a return of NEARLY SIX DOLLARS.**

**Early intervention supports children, reduces special education costs in K-12, and leads to better outcomes for kids.**

## What Happens in the First 5 Years Affects Us All

### A child's experience

Positive parenting fosters social and emotional resilience

### shapes the adult

Improved relating to others at school, work, home

### and the rest of society

Safe and thriving communities, reduced social welfare costs





# First Steps



 Centers for Disease Control and Prevention  
CDC 24/7: Saving Lives, Protecting People™

 MENU  CDC A-Z  SEARCH

**Learn the Signs. Act Early.**

[Learn the Signs Home](#)

*Milestones in Action*

[Complete a milestone checklist](#)

Welcome to Milestones Photo and Video Library - a FREE library of photos and videos of developmental milestones.



# Program Results from Graduates

Parent graduates have reported that the program has helped them interact, become closer to their child, offered a better understanding of their child's development as well as provided them with the skills needed to promote development.



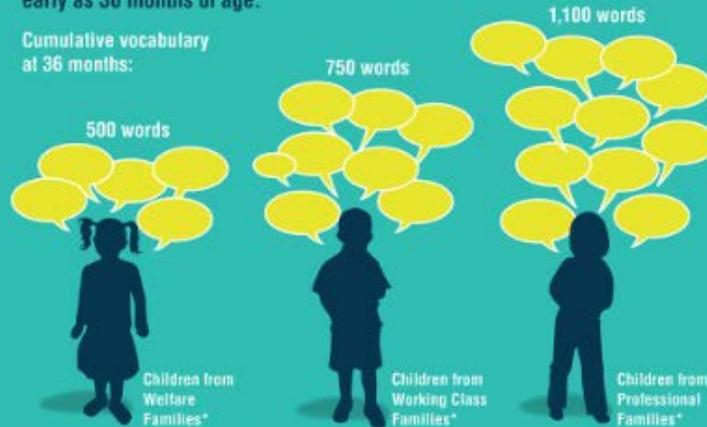
# Parent-Child Home Program

LONG ISLAND INDICATORS

## Closing the Achievement Gap Before it Starts

Differences in language acquisition are closely tied to multiple factors, including family income. Children from poorer families often struggle to keep pace with their peers academically. This gap is apparent as early as 36 months of age.

Cumulative vocabulary at 36 months:

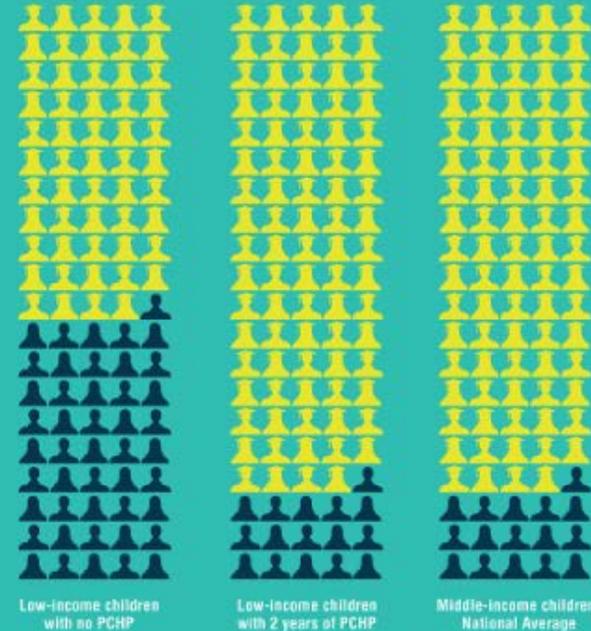


\*As defined by Hart and Risley, 1995

Programs that intervene before age three have dramatic life-long benefits. The Parent-Child Home Program (PCHP) is one such program. This national home visiting early literacy program began on Long Island and has been shown to help erase the achievement gap.

High school graduation rates\*\*:

= graduates = non-graduates



\*\*Based on a longitudinal study conducted on a PCHP program in Pittsfield, Mass.

Data compiled by the Long Island Index, a project of the Raush Foundation

Design: Amy Unikawicz/JellyFever

# PCHP Research Outcomes



PCHP children are **50% more likely to measure ready for kindergarten** than their socio-economic peers.



Program graduates **scored 2 ½ times higher on social-emotional skills assessment** than the control group.



Enter school performing **10 months above their chronological age**.

**Outperformed the statewide average** on third grade state math achievement test.



**30% higher graduation rate** than their socio-economic peers.



**50% less likely to be referred to special education services** by the third grade.



# Center Based Programs



# ABC Music & Me



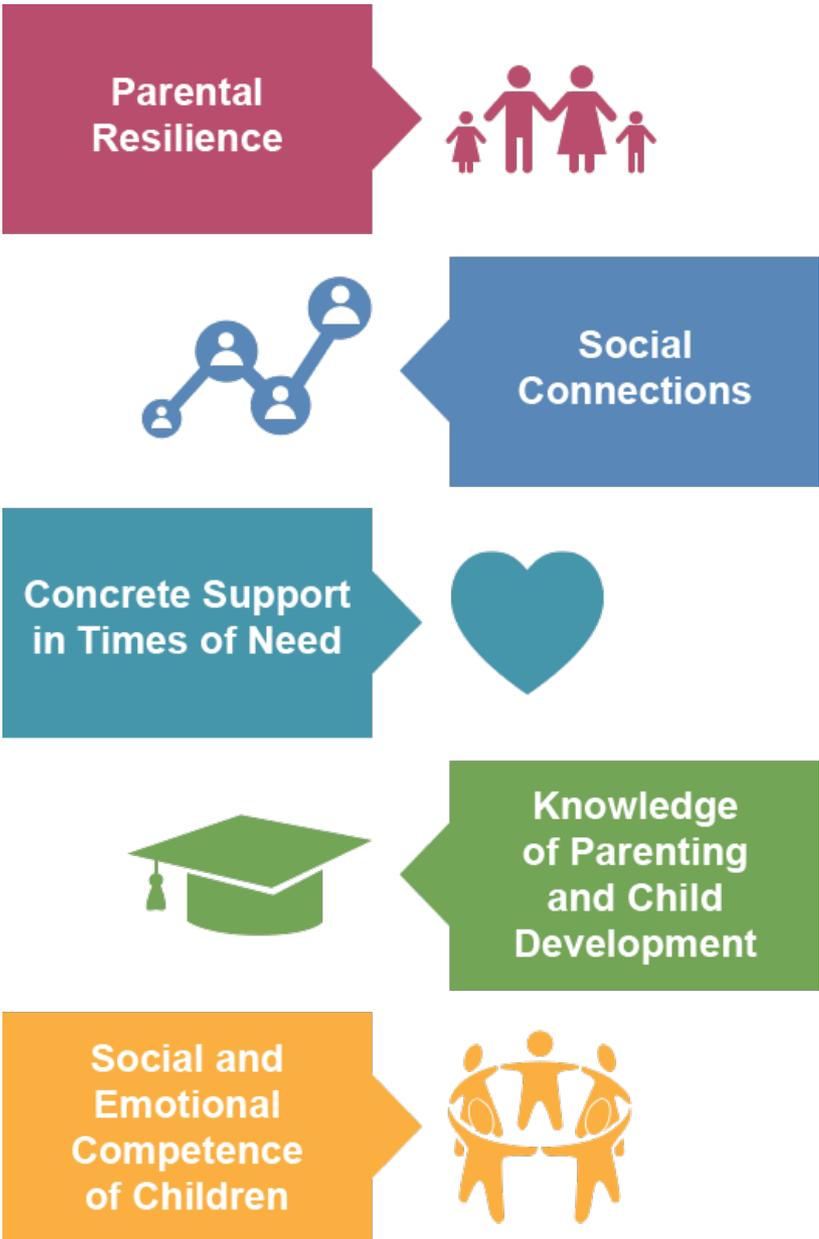
# ABC Music & Me



ENGAGING EVERY LEARNER

# Strengthening Families Frameworks

# 5 Protective Factors



# Parent Resilience

- Promote emotional well being for both parent and child through positive interactions
- Parent meetings and parenting classes



# Social Connections



- Parents as leaders
- Center based programs allow parents to connect with one another, share ideas, and normalize ideas around childrearing.

# Concrete Support in Times of Need

## Centralized services

- Resources for affordable and emergency housing
- Shoes that Fit
- No cost or low cost health services

- Food banks

- Clothing closet



# Knowledge of Parenting and Child Development



- Developmental appropriate parent meetings with relevant information.
- Parenting Classes
- ASQ's

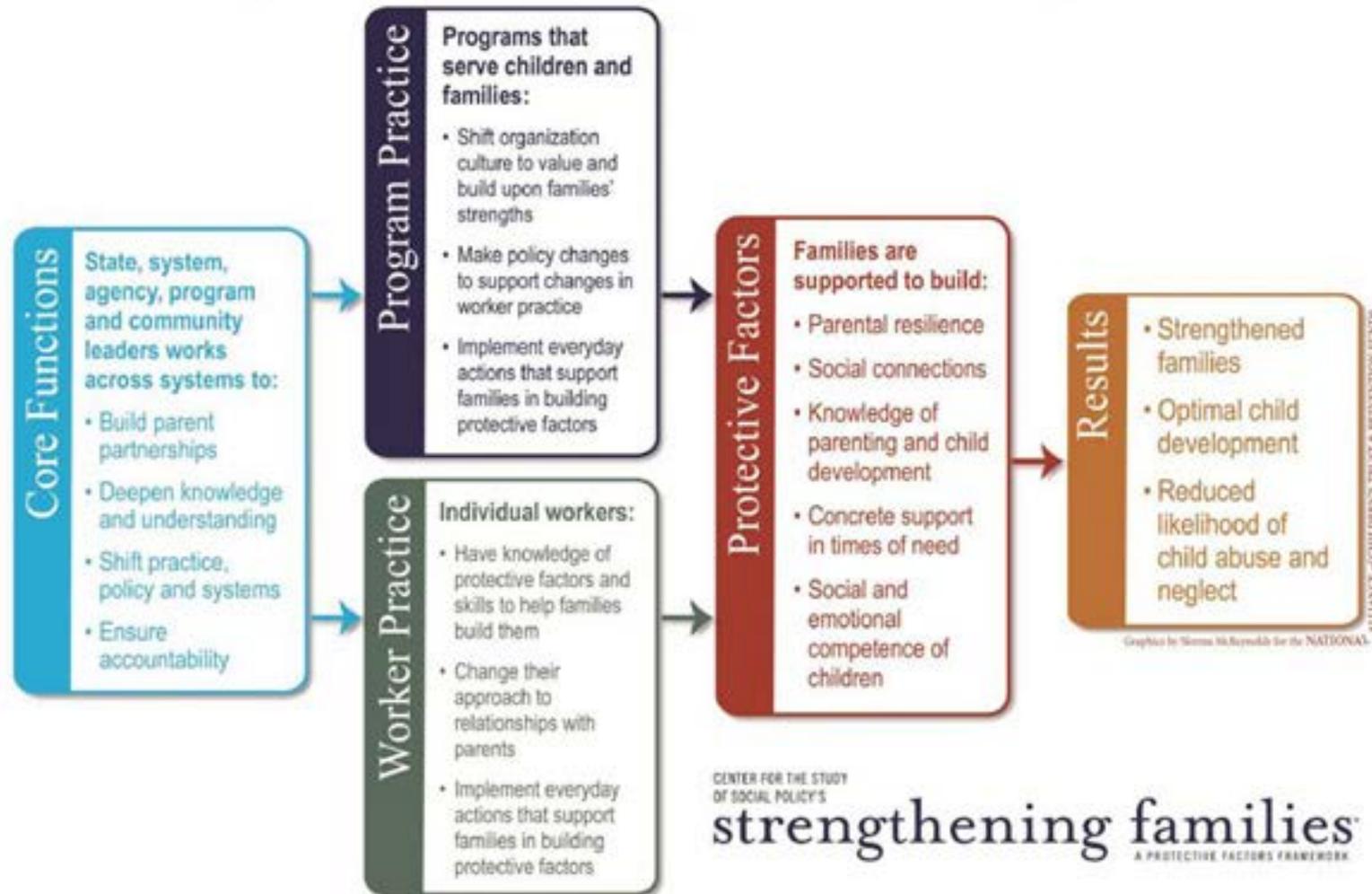
# Social and Emotional Competence of Children

- ASQ-SE
- Behavioral Health Referrals
- Dinosaur school
- Parent meetings address challenging behaviors
- Positive Parenting approach



# The Pathway to Improved Outcomes for Children and Families

## Strengthening Families™ Protective Factors Framework Logic Model



# Take Home



# Invest in 0-4 Parent Involvement Programs





Cynthia Lopez

“A lot of the districts don’t offer these programs, so we are very fortunate. I always let our teen moms know about the programs you offer and let them know it is a huge help! I thought my son was maybe having delayed speech but, once he began interacting more he started speaking more! Yay!! Now at the age of 3 he knows all his letters out of order, letter sounds A to P, shapes, counts from 1 to 20 in English and 1 to 10 in Spanish! I always speak very highly of your programs.”