

December Breakfast 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 English Muffin sandwich fresh kiwi fresh pear	2 Milk-1% white milk and non-fat chocolate are offered daily
3 Daily: Asst cereal Breakfast bar Yogurt parfait	4 Cereal Blaster waffle fresh strawberries fresh peach	5 Breakfast pizza fresh apple, orange segments	6 French Toast sticks w/fresh banana and syrup fresh apple	7 Concha Applesauce cup fresh orange	8 Plain Bagel w/cream cheese fresh kiwi fresh pear	9 Hydration stations are located in all cafeterias at no charge
10	11 Pancake Bites (6) w/syrup and grapes fresh Peach	12 Chicken sausage and waffle sandwich fresh apple, frozen strawberry cup	13 Cinnamon Crumb Loaf fresh banana fresh apple	14 Mantecada Applesauce cup fresh orange	15 Mini donuts fresh kiwi fresh pear	16 All grains are whole-grain rich (51% or more of the grain in whole grain, the remaining grain is enriched)
17	18 WINTER	19 BREAK	20	21	22	23
24	25 WINTER	26 BREAK	27	28	29	30
31	WINTER	BREAK				